I Can Be a SUPER FRIEND!

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I like talking and playing with my friends at school.
Sometimes, I want to play with what my friends are playing with.

When I play, I sometimes feel like taking toys, using mean words, or hitting and kicking.

My Friends get sad or mad when I hit, kick, use mean words, or take toys.
If I want to join in play, I need to join nicely or ask to play with my friends’ toys.

I can say, “Can I play with that toy?” or “Can I play with you?”.
First I stop, then I think about what a Super Friend would do.

Super Friends use:

- Use nice talking,
- Gentle hands and feet,
- Look with their eyes,
- Listen with their ears, &
- Take turns with toys.
I can try to be a SUPER FRIEND.
Taking turns can be fun! My friends and I get to play with toys we like.

My friend can take a turn, then I can take a turn.

If I want to play with my friend’s toy, I can say: “Can I please play with that toy?”.
After I ask my friend for a turn,
sometimes I might have to wait for my turn,
but I will get a turn soon.

Can I play with that Toy?
My friends and I like playing together.

Sometimes when my friends play, I get upset. I may want them to play with the toys my way.

But my friends can play with toys their way and I can play my way, as long as we all play nicely together.
My friends get sad when I use mean talking, hit, kick, or hurt toys.

I can try to go with the flow instead.
I can go with the flow.

I can stop, take 2 deep breaths, and say To myself: “I can go with the flow.”
I like going to school and playing with my friends and teachers. I also like playing with friends at home.

But sometimes I have a hard time and feel frustrated or angry. If I feel this way,

I need to STOP, THINK, and DO.
I can also remember that a Super Friend can stop, take 2 deep breaths, and say: “I can go with the flow.”

If I am still having a hard time, I can ask an adult for help. I can go to the adult and say: “Can you please help me?”
Super Friends:

Use nice talking,

Have gentle hands and feet,

Look with their eyes,

Listen with their ears,

Take turns with toys, &

Go with the flow.
Everyone is happy when I am a SUPER FRIEND!
I can join my friends and play nicely.

I can take turns nicely.

I can go with the flow.

I can stop, think, and do.

**CUE CARDS**

“Stop” on one side.

“Cue” on other side.

*(cut-out and placed on a ring)*
I CAN BE A SUPER FRIEND

I can join my friends and play nicely.  __________

I can take turns nicely.  __________

I can go with the flow.  __________

I can stop, think, and do.  __________

DATE: __________
Scripted Story Tip

• Please note that you can use real photographs with the line drawings for children that need this level of support. For instance, next to the line drawings, you can glue or Velcro a photograph of the class or individual children being a super friend. Show examples of the children using gentle hands, talking nicely, taking turns, going with the flow, etc.